



## REGISTRATION FORM

### Navigating the Maze of Diabetes Care 2019

FRIDAY, April 26, 2019

Central Christian Church

205 E. Short St.

Lexington, Kentucky 40507

#### Registration Fees

AADE (and KADE) Members	\$ 75.00
Nonmembers	\$ 100.00
Students (No CEU for student rate)	\$ 20.00

Pre-registration is required. Register Online at [www.myaadenetwork.org/kentucky](http://www.myaadenetwork.org/kentucky)  
(Credit Cards are accepted online).

Online Registration will be accepted until **Friday, April 12, 2019.**

Please contact AADE support for any technical issues at 800.338.3633 or [membership@aadenet.org](mailto:membership@aadenet.org).

Space is limited-please register early.

No onsite registration will be available.

#### Parking and Directions

Parking is very limited on site and pay parking at the rate of approximately \$10 is available at Chase Bank garage with entrance off of Esplanade Alley

#### Disclosure information for participants

It is the policy of the American Association of Diabetes Educators to require that anyone who has an opportunity to affect continuing education activity content with products or services from a commercial interest with which s/he has financial relationships, discloses those financial relationship/s with commercial entities to participants.

#### Speakers

Karen L. Shidler, RN, MS, CDE, BC-ADM- Certified Product Trainer for Medtronic and Tandem

Susan Cornell, PharmD, BS, CDE, FAPHA, FAADE -Speakers Bureau: Novo Nordisk, Abbott Diabetes Care.

Consultant: Novo Nordisk, Becton Dickinson Advanced Practitioner Advisory board

#### Planners

Stacy Griffin-Certified Product Trainer for Medtronic and Tandem

Tami Ross has no relevant financial disclosures to report.

Dee Sawyer has no relevant financial disclosures to report.

#### KADE DISCLOSURES

The Kentucky Association of Diabetes Educators strives to ensure balance, objectivity, and scientific rigor in all of its educational programs. All faculties participating in these programs are expected to disclose to the audience any real or apparent conflict or conflicts of interest related to the content of their presentation, including any corporate sponsorship of the speaker.

## Kentucky Association of Diabetes Educators

### *Symposium:*

## Navigating the Maze of Diabetes Care



April 26, 2019

Central Christian Church in the Fellowship Hall

205 E. Short St.

Lexington, Kentucky 40507

## Speakers

**Karen L. Shidler, RN, MS, CDE, BC-ADM,** Clinical Education Coordinator  
North Central Indiana AHEC  
Logansport, IN

**Susan Cornell, PharmD, BS, CDE,**  
FAPHA, FADE, Associate Professor  
Midwestern University - Chicago  
College of Pharmacy

### ACCREDITATION STATEMENT

The American Association of Diabetes Educators is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 5.5 contact hours of continuing education credit.

The AADE is also accredited by the California Board of Registered Nursing (CEP#10977).

The American Association of Diabetes Educators (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 5.5 Continuing Professional Education units (CPEUs) for completion of this activities/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 5.5 contact hours (.55 CEU's) of continuing education credit.

ACPE Universal Activity Number: TBA  
Effective Date: TBA

Certified Diabetes Educators: To satisfy the requirements for renewal of certification for the National Certification Board of Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE list of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). NCBDE does not approve continuing education. The American Association of Diabetes Educators (AADE) is on the NCBDE list of Approved Providers.

## Agenda

### Friday, April 26, 2019

- 8:00-8:30 Registration/Continental breakfast  
8:30-8:45 Welcome  
8:45-10:15 Zebras in the Herd: The less Common Types of Diabetes-*Karen L. Shidler*  
10:15-11:00 BREAK-Vendors and Networking  
11:00-12:00 Communicating DSMES in a Culture of Poverty-*Karen L. Shidler*  
12:00-1:00 LUNCH- Vendors and Networking  
1:00-2:30 2018 Diabetes Pharmacotherapy Overview- *Susan Cornell*  
2:30-2:45 BREAK  
2:45-4:15 Diabetes Pharmacotherapy Update: The Move Over Insulin Edition -*Susan Cornell*  
4:15-4:30 Evaluations/Distribution of Certificates

**Vendors will be available from 8:00-12:30**

### Target Audience

This is a **knowledge-based activity** designed for individual or groups of diabetes educators, including RNs, RDs, Pharmacists, Nurse Practitioners, Clinical Nurse Specialists, and other health care providers interested in staying up to date on current practices of care for their patients with diabetes and other related conditions.

**Learning Outcomes:** Participants will become more knowledgeable about treatment of all types of Diabetes to better meet the challenges of managing therapy. The participants will also be able to effectively recognize the motivators and barriers for diabetes self-care management/support in a culture of poverty and learn strategies to work with those affected.

## Objectives

**Program Description:** In keeping with our annual symposium theme, this program offers a variety of topics related to different aspects of diabetes care for healthcare professionals providing diabetes care and education. Healthcare professionals will want to attend this program to learn more information on the less commonly known types of diabetes and treatment plans for each. Understand how poverty impacts diabetes DSMES and discuss updates to pharmacotherapy management in Type 2 diabetes. The program will also allow learners to gain more knowledge specifically on insulin use with diabetes management. At the end of the event each attendee will be able to describe the following **learning objectives:**

- Identify the less common types of diabetes and distinguish the clinical characteristics between them.
- Distinguish the clinical characteristics of monogenic, immune-mediated and idiopathic diabetes mellitus
- Evaluate the role of genetic/specialized testing.
- Formulate a treatment and education plan that considers the underlying defects and risks for complications.
- Identify differences in the mental models of poverty and middle class that may cause misunderstandings between persons with diabetes and educators.
- Recognize the motivators and barriers for diabetes self-care management/support for those from a generational culture of poverty.
- List two strategies for working with clients living in poverty that display cultural humility and sensitivity.
- Describe recent updates in the pharmacotherapy management recommendations for type 2 diabetes.
- Discuss the rationale regarding therapeutic decision making when adding on to, or replacing metformin in type 2 diabetes.
- Assess the appropriateness of SGLT-2 inhibitors, DPP-4 inhibitors, GLP-1 agonists, and newer concentrated insulins based on specific patient characteristics.
- Discuss the insulins place in therapy in the new diabetes medication guidelines.
- Describe features and benefits of different insulin and fixed dose combination products in the diabetes management and care plan.
- Compare the pharmacokinetic and pharmacodynamic parameters of insulin formulations and delivery methods.

KADE LNG is “Green”.

**Handouts will be available for self-print by Friday, April 12th.**

Special food needs may not be available. We cannot guarantee that food preparations meet all special requests. Please add any special food requests or dietary restrictions to your registration.



**PLEASE NOTE: If you are not able to attend, NO REFUNDS will be given after April 12, 2019.**

### REQUIREMENTS FOR SUCCESSFUL COMPLETION:

For successful completion, participants are required to attend the full activity, complete and submit the program evaluation at the conclusion of the educational event.