

# Kentucky Statewide

# Diabetes Symposium 2017

Friday  
November 3rd

Marriott East  
Commonwealth Ballroom  
Louisville, KY

*Symposium Held in Recognition of*  
**WORLD DIABETES DAY**



**Continuing Education**

Certified Diabetes Educators • Registered Dietitians  
Registered Nurses • Registered Pharmacists

## REGISTRATION INFORMATION

### ONLINE REGISTRATION AND PAYMENT REQUIRED:

Online Payment Early Registration Fee \$65  
*(on or before October 13, 2017)*

Online Payment Late Registration Fee \$85  
*(after October 13, 2017)*

### UNABLE TO PAY ONLINE:

In the event an individual is unable to PAY online, REGISTRATION ONLINE will still be required. There will be an option to mail in a check with a printed registration form; however, an additional \$25 per person administration fee will be charged. See online registration at: <https://tinyurl.com/KYDiabetes17>.

Check Payment Early Registration Fee \$90  
*(on or before October 13, 2017)*

Check Payment Late Registration Fee \$110  
*(after October 13, 2017)*

### REGISTRATION DEADLINE: October 27, 2017

Enrollment is limited, therefore, early registration is encouraged. Notification of cancellation required by October 27, 2017 for partial refund. **No refunds after October 27, 2017.** Registration includes light breakfast, lunch, and snacks.

### PARTICIPANT REGISTRATION:

Space is limited and registrations will be accepted on a first-come, first-serve basis **ONLINE** at: <https://tinyurl.com/KYDiabetes17>.

### IF REGISTRATION CLOSED — SIGN-UP FOR WAITING LIST:

If you attempt to register for the Symposium and receive the following message — **“Registration is closed. The registration limit has been met”** — you may choose to sign-up for a **Waiting List** at <https://tinyurl.com/KYDiabetes17Wait>. Should cancellations occur, potential attendees from the waiting list will be contacted and given priority to fill open spaces.

### UNABLE TO ATTEND — HOW TO CANCEL A REGISTRATION:

Notification of cancellation is required by 10-27-17 for partial refund.

#### TO CANCEL:

Send a cancellation message, including name, address, phone and e-mail to [janice.haile@ky.gov](mailto:janice.haile@ky.gov).

**For your comfort, please bring a sweater / jacket.**

## Online Registration:

Registration Deadline  
October 27, 2017

### PARTICIPANT REGISTRATION

Online Registration:

<https://tinyurl.com/KYDiabetes17>

### WAITING LIST

Online Registration:

<https://tinyurl.com/KYDiabetes17Wait>

### INDUSTRY ALLIES COUNCIL (IAC) / EXHIBITORS

Online Registration:

<https://tinyurl.com/KYDiabetes17Exhibitor>

**\$\$ SAVE MONEY! \$\$**

Register and Pay Online by October 13, 2017

For program information, contact:

Julie Shapero 859-363-2116 [julie.shapero@nkyhealth.org](mailto:julie.shapero@nkyhealth.org)  
Janice Haile 270-686-7747 x 3031 [janice.haile@ky.gov](mailto:janice.haile@ky.gov)

This activity is jointly provided by the American Association of Diabetes Educators (AADE) Kentucky Coordinating Body (CB) and Local Networking Groups (LNGs) (GLADE, KADE, TRADE, DECA), the Kentucky Diabetes Prevention and Control Program (KDPCP), and the Kentucky Diabetes Network (KDN).

## TARGET AUDIENCE AND ACCREDITATION INFORMATION

This symposium is an application-based offering designed for nurses, dietitians, pharmacists, certified diabetes educators, and other healthcare professionals involved in the education and care of people with diabetes.

### Requirements:

To successfully complete the program and receive credit, participants must pay the required fee, sign the attendance roster, attend the entire program, and complete the evaluation form.

### Accreditation Statement:

**The American Association of Diabetes Educators (AADE) is the accredited provider for continuing education as indicated below.**

AADE approval of programs or materials does not constitute endorsement of a provider, program, or material. In addition, approval of this educational offering by AADE does not imply endorsement of specific therapies, treatments, or products discussed in the presentations.

### Nurses:

AADE is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 6.0 contact hours of continuing education credit. The AADE is also accredited by the California Board of Registered Nursing (CEP# 10977). AADE is an Iowa Board of Nursing approved provider #366. For Iowa nurses: AADE awards this program 7.2 contact hours or .72 CEUs (1 contact hour = 50 minutes or 0.1 CEUs). A certificate of attendance must be retained by the licensee for a period of four years.

### Pharmacists:

AADE is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of pharmacy education. This program provides 6.0 contact hours (.6 CEU's) of continuing education credit. See the final CPE activity announcement for specific details.

### Dietitians:

AADE (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 6.0 Continuing Professional Education Units (CPEUs) for completion of this activity / materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

### Certified Diabetes Educators:

To satisfy the requirements for renewal of certification for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE list of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). NCBDE does not approve continuing education. The American Association of Diabetes Educators (AADE) is on the NCBDE list of Approved Providers.

**Continuing Education (CE) Statements of Credit will be available at the end of the conference for those who meet the requirements.**

*Planners disclose no conflict of interest relative to this educational activity. Faculty/Presenters/Authors/Content Reviewers disclose no conflict of interest relative to this educational activity.*

## LEARNING OUTCOME / OBJECTIVES

Symposium attendees will have increased knowledge of the specified content areas presented and will, therefore, choose at least one concept / practice area / technique or tool that they will utilize to enhance the care and or education for individuals with or at risk for diabetes.

### This symposium will enable participants to:

1. Discuss the pathophysiology of the different types of diabetes including Latent Autoimmune Diabetes of Adults (LADA), Double Diabetes and Steroid-Induced Hyperglycemia.
2. List the 2017 updates to the diabetes management guidelines as outlined by the American Diabetes Association.
3. Describe how to use the different classes of diabetes medications individually or in combination to achieve optimal glucose control including new medications, warnings and breakthroughs.
4. Review glucose patterns and determine how to adjust therapy to improve glucose in the outpatient and inpatient setting.
5. List strategies related to the gut microbiome to help people with or at risk for diabetes nourish their body to maintain optimal health.

## PRESENTER



**Beverly Thomassian  
RN, MPH, CDE, BC-ADM**  
*Diabetes in the 21<sup>st</sup> Century*

Founder and President  
Diabetes Education Services  
Chico, California

Associate Clinical Professor  
UCSF School of Nursing  
University of California, San Francisco

Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting.

She also believes that learning about diabetes should be meaningful and fun so participants leave feeling re-energized and excited about diabetes education.

## MODERATORS

**Theresa Renn, RN, BSN, CDE, MLDE**  
Manager — Kentucky Diabetes Prevention & Control Program  
Kentucky Department for Public Health  
Frankfort, KY

**Maggie Beville, RN, BSN, CDE, MLDE**  
Volunteer Leader — Coordinating Body (CB)  
Kentucky American Association of Diabetes Educators (AADE)  
Elizabethtown, KY

## Kentucky Statewide Diabetes Symposium

### AGENDA

<b>Eastern Time</b>	<b>November 3, 2017</b>
7:30-8:00 AM	<b>Registration / Exhibits / Light Breakfast</b>
8:00-8:15 AM	<b>Welcome / Announcements</b> Theresa Renn / Maggie Beville
8:15-9:15 AM	<b>State of Diabetes and Pathophysiology Update</b> <ul style="list-style-type: none"> <li>• Current State of Diabetes</li> <li>• From Beta Cells to Gut Hormones</li> <li>• Natural History and Types (<i>including LADA and Double Diabetes</i>)</li> <li>• Steroid Induced Hyperglycemia</li> </ul>
9:15-10:00 AM	<b>What's New: American Diabetes Association Standards of Care 2017</b> <ul style="list-style-type: none"> <li>• Individualizing Goals of Care From Kids to Mature Audiences</li> <li>• Exercise Updates</li> <li>• Diabetes Prevention Program Reimbursement Update</li> </ul>
10:00-10:30 AM	<b>Break / Exhibits</b>
10:30-12:00 PM	<b>Oral Medication Updates and Using ADA and AACE Algorithm</b> <ul style="list-style-type: none"> <li>• Medications for Type 2 – New Medications, Warnings, Breakthroughs</li> <li>• Using 2017 ADA Oral and Insulin Algorithms</li> <li>• Improving Glucose Through Medication Adjustment</li> </ul>
12:00-12:30 PM	<b>Lunch Set Up / Exhibits / Break</b>
12:30-1:15 PM	<b>Lunch / Recognition of IAC / Door Prizes</b>
1:15-3:15 PM	<b>Insulin Pattern Management — Case Study Approach</b> <ul style="list-style-type: none"> <li>• What to do When Current Insulin Strategy Isn't Working</li> <li>• Management and Educational Strategies that Work</li> <li>• Hyperglycemia in the Hospital</li> </ul>
3:15-3:30 PM	<b>Break / Snacks</b>
3:30-4:30 PM	<b>Getting To The Gut — Meet Your Microbiome and Healthy Eating</b> <ul style="list-style-type: none"> <li>• Enjoy the Wonderment of the Microbiome</li> <li>• Explore How to Improve Gut Health</li> <li>• Translate this Information to Improve the Health of Those Living with Diabetes</li> </ul>
4:30-4:45 PM	<b>Questions and Answers / Evaluations</b>

## HOTEL INFORMATION

Discounted rooms have been blocked at the  
**Marriott East**  
1903 Embassy Square Boulevard  
Louisville, KY 40299  
502- 491-1184

**Hotel Reservation Deadline: October 2, 2017 by 5 pm**

**Call: 502-491-1184 or 1-800-228-9290**

**Online: <https://aws.passkey.com/e/49093866>**

**Rate: \$114**

**Ask For: Kentucky Diabetes Symposium**

*After October 2<sup>nd</sup>, reservations accepted at a discounted rate ONLY if space is available.*

## Industry Allies Council (IAC)

*(updated ongoing with new registrations)*

The Kentucky Statewide Diabetes Symposium committee wishes to acknowledge our Industry Allies Council (IAC). Participation in the Council illustrates dedication to the professional community of diabetes educators and the state diabetes symposium. IAC provided through unrestricted monies.

### Platinum

To Be Announced

### Gold

To Be Announced

### Silver

To Be Announced

### Bronze

To Be Announced

**Think Blue.  
Wear Blue.**

**Wear Blue to the Symposium to be eligible for a "special door prize" in recognition of:**



world diabetes day